**SPORTS:**  Thursday, Dec. 3 – JH Basketball @ Leedey at 6:30 PM  
Friday, Dec. 4 – HS Basketball-Turpin @ Fargo at 6:30 (Homecoming)

**NUTRITION:**  [Note: All meals are served with either water or milk (chocolate or white) to drink].

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Lunch</th>
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<td>Today:</td>
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<td>Thursday:</td>
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**Today:** Breakfast Crispitos  
**Thursday:** Scrambled Eggs  
**Friday:** Biscuits and Gravy  
**Lunch:** Flat Bread Pizza, Fruit  
**Lunch:** Chicken A ’La King, Fruit, Salad  
**Lunch:** Corn Chip Pie, Salad, Fruit

This week – Breakfast Duty: **Jenica Long**  
Lunch Duty: **Sheryl Craig**

**KIDS KORNER:** Scientists have done many experiments to see if they can discover exactly how animals migrate. Here is another of their ideas:

**Polarized Light:** Polarized light comes from special kinds of light waves and it comes in many forms. It creates a pattern in the sky that stays the same as the sun moves across the sky. Even if the sky is cloudy, animals can still tell the position of the sun based on the pattern of polarized light. This kind of navigation system is used by some insects, amphibians, fish, and birds.

Nothing new today, watch for Future news in our Tiger Tale.

**THOUGHT FOR THE DAY:** Some people dream of success, while others wake up and work hard at it.